



BRADFORD Cyrenians

Empowering Communities through Help & Support



ANNUAL REVIEW 2011



**Apsley
Service**



**Blenheim
Service**



**255
Hostel**



**Trainer
Flats**



**Parkfield
Service**



**Re-Start
Project**

Chair's Foreword



We continue to respond to the challenges faced by the sector, in particular one cannot avoid the economic climate we find ourselves in and how this impacts on the Local Authority and the wider community.

In the last year, we secured £50K funding through Lloyds TSB Foundation for 2 years giving us an opportunity to develop and deliver resettlement and outreach services to residents leaving our Hostel and Trainer Flats. This has proven successful in that it enables our most vulnerable clients to receive a seamless service from leaving our temporary accommodation and moving into their own home with a package of support.

We were able to formally recruit our Patron, Lord Patel of Bradford – full biography available on our website (www.bradfordcyrenians.org.uk).

Management have focused their energies on Quality Assurance (read more about this further on in the report) and with the aid of our dedicated and committed staff we were able to submit evidence at Level B of the Quality Assessment Framework (QAF).

During the past year teams have worked hard on putting a greater emphasis on service user activities and have in the process developed a client involvement group. Our service user forum and activities jointly planned are going from strength to strength. We continue to consult service users as key partners in order to improve our services and ensure that the needs and wishes of our service users are central to any service delivery.

Joyce Simpson
Board of Trustees Chair



Working With Complex Issues

We often talk about how our clients, particularly those presenting at our hostel as having 'complex issues'. Over the last year we have addressed one of the key complex issues that our clients present with and that is mental health, particularly depression, self-harm and suicidal tendencies. A high percentage of the men we work with have been undiagnosed and therefore it is important that we work with the relevant agencies in order to get the best package of support so that their mental health does not deteriorate.

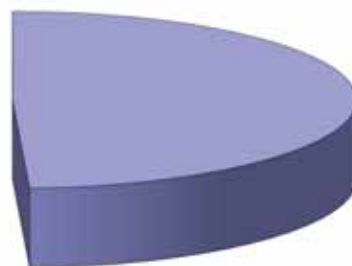
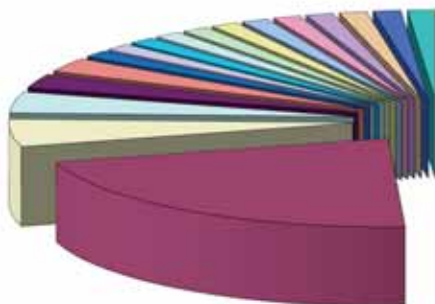


We have undergone training in mental health and issues associated with this, so we can continue to deliver a package of support that enables residents to take control of their health and welfare whilst successfully maintaining a tenancy with us.

Another noticeable issue is that our staff are working more with men who present with issues around Domestic Abuse. Having received training on this subject through the workforce development unit and by creating a safe environment, our residents can explore issues around domestic abuse and how this impacts on them as individuals. Working on self-esteem and confidence is an integral part of our work, irrespective of whether this is achieved through one-to-one support or via our group activities and meetings.



Source Of Referrals



- ▣ SELF
- ▣ AREA ADVICE
- ▣ OPEN MOVES
- ▣ JABEZ
- ▣ BRIDGE PROJECT
- ▣ PROBATION
- ▣ DAY SHELTER
- ▣ HOUSING ADVICE
- ▣ FRIENDS/RELATIVES
- ▣ INCOMMUNITIES
- ▣ POLICE
- ▣ HOPE HOUSING
- ▣ KEYHOUSE
- ▣ CONNECT HALIFAX
- ▣ TCOY
- ▣ NEW CROSS ST
- ▣ MISSING
- ▣ INTERNAL

Quality Assurance

In December 2010, Bradford Cyrenians were awarded Investors in People (IIP) status after a detailed review of our HR and training & development policies, procedures and practices. The full report is available to download from our website.



In July 2010, Our Kitchen and the facilities we offer were assessed by the Local Authority's Environmental Health Team. Having carried out a vigorous check on the area as well as interview our chef, we were awarded a 4-star rating reflecting the high standards in place.



Service user working alongside our Chef

Quality Assessment Framework (QAF) As part of our commitment to continuously improve and develop our services, we have ensured that our policies, procedures, systems and practices offer the most efficient and effective framework to work within - thus giving staff the tools needed to deliver a high standard to our service users. This commitment puts us in good stead for the sector review of homeless services, which is currently underway and where we are aiming to achieve a Level B across our services.

What Our Partners Think...

“Bradford Cyrenians are a key partner in our efforts to prevent vulnerable people from being caught up in offending or becoming a victim of crime.

Homelessness can leave people feeling powerless to act and Bradford Cyrenians really helps to remove them from this cycle. By providing safe and secure housing as well as advice and support, they have a central role in finding positive solutions for individuals across the District.

By working together in this way, we are continuing to make a genuine difference to all our communities.”

**Bradford South Police Detective
Inspector Alan Flynn**



**Bob - Parkfield tenant
celebrates his 80th Birthday**

“Bradford Cyrenians has been one of Yorkshire Housing’s managing agents since 2003. Apsley Villas is owned by Yorkshire Housing Group and managed by Bradford Cyrenians who provide housing related support to eight Yorkshire Housing Group tenants.

Bradford Cyrenians and Yorkshire Housing Group hold quarterly meetings to discuss scheme performance. There are also regular liaisons to offer advice and support to promote inter-agency working.

Bradford Cyrenians also provide a service to Rough Sleepers in five individual properties owned by Yorkshire Housing. This service has proved successful with a number of service users now managing and sustaining their own Yorkshire Housing general needs tenancies.

**Yorkshire Housing’s Group Supported
Services Officer Sandra Prosser**



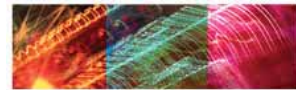
Commitment to Equality & Fair Access

My name is Jake Arturio Braden, I am the Health and Training facilitator at the Equity Partnership, an organization based in Bradford, working at strategic level to ensure that needs of Lesbian, Gay and Bisexual people are being met by Government organisations such as the NHS and by third sector organisations such as Bradford Cyrenians

I had the pleasure of facilitating a one-day training event for staff at Bradford Cyrenians. The staff were engaged during the training and by the end of the day demonstrated a good understanding and commitment to meeting the needs of LGB people in Bradford. It was a pleasure to facilitate such an engaged group of professionals!



Equality and Diversity training in progress



EQUITYPARTNERSHIP

My story...

"Around Christmas 2010 I was homeless, after my relationship with my family broke down (before that I had been at the Salvation Army for 6 months). I was struggling as there were no shops and benefits agency open for me because of Christmas. I was confused, depressed, had no money, and my health was suffering. I had lost all of my clothes and belongings and had to start from scratch.

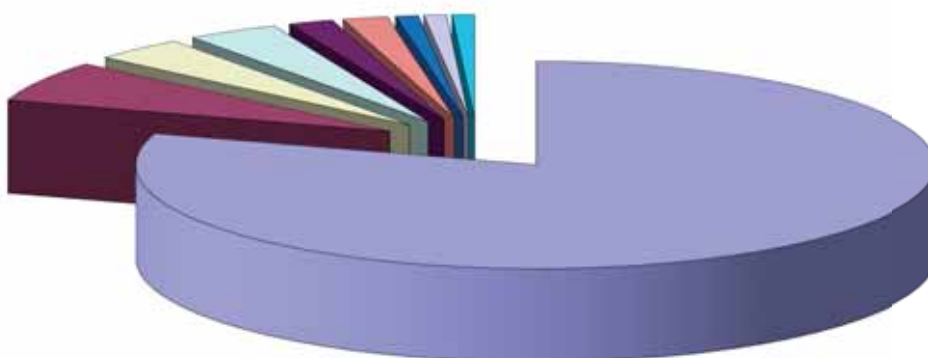
Bradford Cyrenians helped me get my benefits started and helped me sort my life out.

They also made an effort to help me around my cultural needs such as provide a halal meal as part of my evening meal at the hostel. Also, a Koran was given me to me so that I could practice my religious beliefs.

Overall this has been a good experience for me. The staff have been very nice and helpful and have helped me take control of my life."

Arshad
Trainer Flat resident

Ethnicity Of Referrals



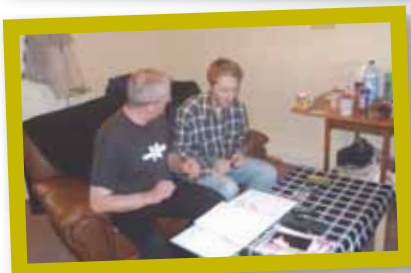
- ▣ British
- ▣ Pakistani
- ▣ W&B Caribbean
- ▣ African
- ▣ Other Asian
- ▣ Caribbean
- ▣ Other ethnic
- ▣ Indian
- ▣ Bangladeshi

The Re-Start Project (RSP)

The RSP was a pilot project that opened its doors in February 2009. Over the past 12 months we have accommodated 15 men. All of whom have been supported in their accommodation to gain life skills in order to live independently. We have achieved some very good outcomes, with residents having been supported in areas such as receiving the correct level of benefits, support around previous offending, help around areas such as drug, alcohol and their mental health/general well-being.



Recently the name of the project was changed from the Rough Sleepers Project to Re-Start Project after consultation with residents. Residents didn't want to be labelled as "rough sleepers" because they felt that this label had negative connotations, and they are moving on in their lives in a positive way.



Our residents have obtained their own tenancies either by completing our 12 month support or by being referred to more appropriate accommodation such as sheltered housing. Also some residents have returned to live with family members or friends. Currently we have 2 residents who over the next two months will be signing their tenancies with Yorkshire Housing and will become tenants of the association.

The service is greatly needed as we have found through working with partner agencies and our own residents that rough sleeping is still a problem for single men in Bradford.

One resident has written the following about his experiences of rough sleeping and how the Re-Start Project has supported him.

"I am 42 years old and first went to Prison when I was 16. I have been back to prison a few times since then but the last time was in 2005.

I lived with my partner but the flat needed a lot of repairs doing to it and the landlord was refusing to carry them out so we left. After splitting up with my partner I lived in hostels and I had a bedsit in Little Horton but was asked to leave after some visitors caused damage to the building.

I ended up sofa surfing when I could, but rough sleeping when I couldn't get anybody to put me up. I heard about Bradford Cyrenians Re-Start Project from the Bradford Day shelter. The Day shelter staff filled out a referral form and I was interviewed the next day and moved into my flat 3 days later.



Eon Monk Project Co-ordinator

continued...

Since I moved into my flat I have been getting lots of support from my key worker, who sees me 2 to 3 times per week. I have also been getting support from DRR, Piccadilly Project, Bridge Project and the Drug and Alcohol Team and I have completed a 10-day residential detox programme.

I am now looking forward to the future and will hopefully be signing a tenancy agreement with Yorkshire Housing in November. I love my flat and have been very happy with the support that I have received from Bradford Cyrenians and the other agencies who I am working with."

RSP Tenant

Summary financial information Statement of financial activities - For the year ended 31 March 2011

	Unrestricted funds £	Restricted funds £	2011 Total £	2010 Total £
Incoming resources				
Incoming resources from generating funds:				
Voluntary income	14,525	-	14,525	33,190
Investment income	480	-	480	728
Incoming resources from charitable activities	641,286	3,855	645,141	633,156
Total incoming resources	656,291	3,855	660,146	667,074
Resources expended				
Charitable activities	642,909	28,073	670,982	657,717
Governance costs	3,000	-	3,000	2,761
Total resources expended	645,909	28,073	673,982	660,478
Net incoming/(outgoing) resources for the year / Net income/(expenditure) for the year	10,382	(24,218)	(13,836)	6,596
Total funds brought forward	134,036	29,428	163,464	156,868
Total funds carried forward	144,418	5,210	149,628	163,464

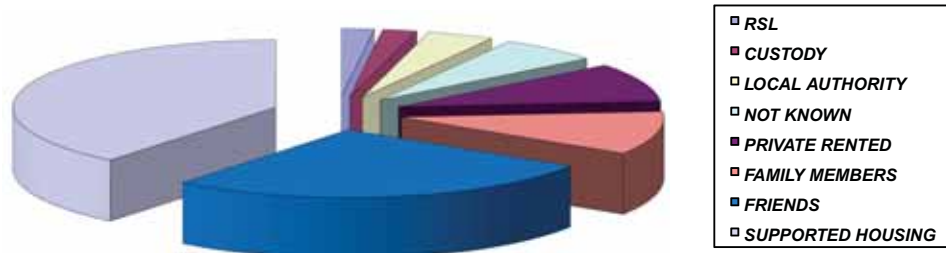
Our Outreach Service and its impact on the lives of Service Users

It is now a year since we began offering an outreach service to our hostel and trainer flat residents. The service is funded through Lloyds TSB in order to pilot an outreach service for 2 years.

The main purpose of the service was particularly aimed at our hostel and trainer flat residents because they are the clients that present to us with very high support needs. To enable them to make a real go of setting up home for themselves we feel it is vital that they have a seamless service from leaving a 24-hours supported environment back into the community.

The advantages and impact of having our Outreach service has been to prevent our clients from becoming isolated and re-presenting back to a homeless service. They need help to build their confidence and self-esteem and the response from service users about our outreach service has been very positive.

Resettlement and Move-On Outcomes



In the first year of setting up the service, we have already worked with more than 50 clients out in the community, which is an excellent start and just demonstrates how valuable this type of service is for our clients.

We are moving clients out of our hostel and into more permanent housing because of the landlord knowing that we will continue to support them right up to them feeling they can 'do it on their own'. Our move on statistics for the year have shown that we continue to achieve positive outcomes and in particular have secured new links with private sector housing.



Poem by Rosie Powell

Bradford Cyrenians

Are you homeless tonight,
Did you sleep rough last night,
Are you sick of being hungry and cold,
And worried what the future may hold.

If you're scared and unsure,
And don't know where to go,
We are on Manningham lane,
that's the big red door.

Day shelter will direct you,
Open moves will assist you,
Whilst you're comfortably seated,
A referral will be completed.

You're now on your way,
To find a place to stay.
You can phone anytime,
481039.
We will give you a bed,
And a roof over your head.

We are here coz we care,
When people don't elsewhere.
We have policies in place,
So whatever your sexuality religion or race,
Its equal opportunities,
So you will be offered a space,
And greeted by a friendly face.

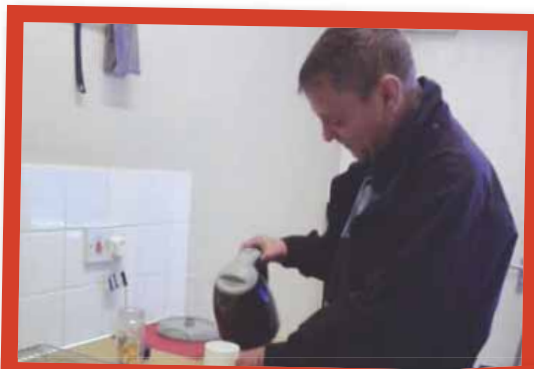
We are here to support your every need,
With help from your keyworker,
You can succeed.

So do not despair,
Get yourself there.
Then you'll see for yourself,
Your actions will improve your physical,
Emotional and mental health.

We have been here 40 years,
So whatever your fears,
Its proven we are the best,
So come put us to the test.

So....there's no need to be homeless
tonight!!! At the end of a tunnel, there's
always a light.

Rosie Powell
Supported Housing Officer





255 Manningham Lane
Bradford
West Yorkshire
BD8 7EP

Tel: 01274 481039
Fax: 01274 498107

Move-on & Re-Start Project
9 Apsley Villas
Bradford
BD8 7EX

Tel : 01274 498041

www.bradfordcyrenians.org.uk