

**You Can
LEAVE YOUR
ABUSIVE
RELATIONSHIP**

0300 303 0167

Calls from UK Landlines are free. Mobile and other providers charges may vary.

CRASH PADS

**You
Can GAIN
LONGER TERM
ACCOMMODATION
& SUPPORT**

THERE **IS** SOMEWHERE ELSE YOU CAN GO!

**CONTACT US ON
OUR FREEPHONE
CONFIDENTIAL
HELPLINE:**

menstandingup@bradfordcyrenians.org.uk
www.bradfordcyrenians.org.uk

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We have 2 units of emergency accommodation for men in a crisis situation who need immediate help.

You will be given a high level of support in order for you to leave your abusive relationship and ensure that you are safe.

Daily key-work support sessions enable you to access other longer term accommodation.



**BRADFORD
CYRENIANS**



LOTTERY FUNDED