



# **DONT SUFFER IN SILENCE**

## **0300 303 0167**

Calls from UK Landlines are free. Mobile and other providers charges may vary.

### **We Help You Access the Services You Need.**

**Nationally the 1st group of its kind set up to support Male Survivors. Together we can learn and support each other while raising awareness of male Domestic Abuse.**

[menstandingup@bradfordcyrenians.org.uk](mailto:menstandingup@bradfordcyrenians.org.uk)  
[www.bradfordcyrenians.org.uk](http://www.bradfordcyrenians.org.uk)

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### **We are Here to Support & Believe in You!**

We enable members to take ownership of the group and to discuss their issues, how our service can help them and how we feed this back into individual key-work sessions.

We provide an opportunity for members to share their experiences with people who understand first hand the serious and challenging issues that male survivors face.



**BRADFORD  
CYRENIANS**



LOTTERY FUNDED